Ecclesiastes 3:1-8 (ESV)

A Time for Everything

- 3 For everything there is a season, and a time for every matter under heaven:
- ² a time to be born, and a time to die;
- a time to plant, and a time to pluck up what is planted;
- ³ a time to kill, and a time to heal;
- a time to break down, and a time to build up;
- ⁴ a time to weep, and a time to laugh;
- a time to mourn, and a time to dance;

- ⁵ a time to cast away stones, and a time to gather stones together;
- a time to embrace, and a time to refrain from embracing;
- ⁶ a time to seek, and a time to lose;
- a time to keep, and a time to cast away;
- ⁷ a time to tear, and a time to sew;
- a time to keep silence, and a time to speak;
- ⁸ a time to love, and a time to hate;
- a time for war, and a time for peace.

Getting Balance Into Your Life

For everything there is a season, and a time for every matter under heaven.

Ecclesiastes 3:1-8



5 Secrets of Effective Time Managers



1. PRIORITIZATION

Learn demands of work, home, school, and prioritize them on a daily, weekly, and monthly basis. Maintaining "To Do" lists and communicating with those impacted by your schedule.

2. PLAN IN ADVANCE

Look at your schedule ahead of time and take advantage of slow times to prepare for busy times. Failing to plan is planning to fail.

3. DEVELOP A SET SCHEDULE

Do you work better in the morning? Reserve that time to do your work. Find times in the day where you are most productive and capitalize on that while you can.

4. FOCUS

Eliminate distractions such as twitter, facebook web searching and/or unwanted emails. Change your environment where you can focus completely and stick with it until you're done. Multitasking does not work. You'll get more done by focusing on one thing at a time.

5. GIVE YOURSELF A BREAK

Everyone has their own limits and burnout is very real and can cause you to suffer in performance if you push too hard for too long. Set aside time to relax and take your mind off your to do list. When you return to it, you'll feel refreshed and ready.

How Can I Get a Balance in My Life? What Do I Need to Know?



This is the <u>PRIORITY</u> of what God intended for us to have a <u>BALANCE LIFE</u>:

- 1. GOD
- 2. SPOUSE
 - 3. FAMILY
 - 4. WORK
- 5. SERVING HIM

³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.—

Matthew 6

- ¹ There is a time for everything, and a season for every activity under the heavens:
 - a time to be born and a time to die, a time to plant and a time to uproot,
 - ³ a time to kill and a time to heal, a time to tear down and a time to build,
 - a time to weep and a time to laugh, a time to mourn and a time to dance,
- a time to scatter stones and a time to gather them, a time to embrace and a time to refrain from embracing,
 - a time to search and a time to give up, a time to keep and a time to throw away,
 - ⁷ a time to tear and a time to mend, a time to be silent and a time to speak,
 - a time to love and a time to hate, a time for war and a time for peace.
 - -- Ecclesiastes 3

^{11a} He has made everything beautiful in its time.— Ecclesiastes 3

²⁸ And we know that in all things God works for the good of those who love him, who have been called according to his purpose. – Romans 8:28

Cometimes

God allows what He hates to accomplish what He loves.

Joni Eareckson Tada

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If you ever want to know more about how to have a personal relationship with Jesus?

- ¹⁶ "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. ¹⁷ For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him --- John 3:16-17
- ⁸ For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, ⁹ not a result of works, so that no one may boast. -- Ephesians 2:8-9
- ⁸ but God shows his love for us in that while we were still sinners, Christ died for us. -- Romans 5:8
- ²³ For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord. -- Romans 6:23
- ⁹ because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. -- Romans 10:9